ILLAGE OF POI SURVIVAL

The Village of PolyParadise will be located @ 3:45 & EULOGY

http://www.polyparadise.com

Welcome to PolyParadise - 2017

PolyParadise celebrates its 19th Year within the gates of Black Rock City (1999-2017). We are so glad that you have chosen to camp with us, create Community, share, learn & grow with other PolyCampers.

This survival quide was created to assist you in the ways o PolyParadise. Even if you have camped with us before, 1 encourage you to read over this information.

Our Community is created by all of you with each and everything you do. Help someone in need, participate in our Camp Events share food at a community dinner, and look out for each other.

PolyParadise is Gonna ROCK in 2017!!!

Playa Arrival Process:

Get to the Playa SAFE!! Obey Traffic Signs & Speed Limits!!

If I have NOT CONTACTED, YOU ALREADY ABOUT EARLY ARRIVAL...PLEASE PLAN TO ARRIVE AFTER Saturday MIDNIGHT The officially opening of Burning Man 2017!!

You will not be able to gain entrance to Burning Man prior to that time. Have fun at the gate and with Greeters Station...Rub Playa all over your arms, do a Playa-Angel. Once you make your way past the greeters head towards PolyParadise.

The Village of PolyParadise will be @ 3:45 & EULOGY

If you arrive after Dark...There is not much you can really setur in the dark effectively, so take the time to relax and wait unti daybreak. If you arrive after dark, BE CAREFUL as you drive around the Playa and within our camp. There maybe some stray materials lying around, but I will do my best to have it clear.

Find **Scotto** - All campers will be placed as you arrive according to what vehicles and infrastructure you have. All requests will be accommodated if possible.

The Camp is ONE BIG PUZZLE that for us will not be complete until Thursday with our last arrival. We have a full camp, we will need to be IN TIGHT, so proper placement of Guide wires and stakes is CRUCIAL! If I feel your setup needs adjustment Iwill ask and be willing to help. My decisions are always for the maximum good for ALL!!

INSIDE THIS ISSUE

Welcome to the Village of PolyParadise - 2017	1
Playa Arrival Process	1
Things to Think About & Other Tidbits	2
Camp Power	3
RV's & Generators	3
Ice CZAR	3
What NOT to forget before you leave for BRC	4
What Does Your Camping Fee Buy You?	4
Community Kitchen	4
Community Snacks	4
Camp Shower	5
Gray Water Reclamation	6
Community Trash- Off-Playa Removal	6
Village Playa Events	7
From the Czar De' Garbage	9
Camp Resident Responsibilities	10
Poly Play Space	10
Food Prep Tips	11
Playa Essentials	11
Playa Tips	12
Camp Layout	13
Camp Needs	13
Sense of Community	13
Camp Laptop	13
New Camper - PolyGuides	14
The Ten Principles	15

DO NOT start to setup your stuff until you SEE Scotto!!! If Scotto is not available there will be someone in camp that can assist you, just ask. If you setup your stuff without our knowledge you may be asked to move because the plan is being formulated as the Plar Happens.

Get HUGG From Scotto!!! - Get HUGG From WildChild!!!

Get properly TAGGED as a PolyParadise Resident!!

HAVE THE TIME OF YOUR LIFE...IT IS BURNING MAN!!!!!

Scotto

- Benevolent Dictator Village of PolyParadise
- Burning Man Lifer/Geek



Things to Think About & Other Tidbits

We are a group of Polyamorists and Poly-Friendly seeking to live our dreams, and this camp is one manifestation of that Polyamory involves openness to multiple loving relationships, with honesty among all partners.

We all come to BM and PolyParadise from our own communities and our own households, each with a different set of rules or understandings / agreements between the different people and groups of people who accompanied us to BM.

Burning Man is a society where customs are quite different thar the default world. But this does not mean that it is a 'free for all'. The personal limits of others can easily be pushed or disregarded.

Please do not make any assumptions that because a person o either gender is naked that they want 'touch', in our camp as wel as your ventures on the Playa. As Poly's we 'Process' in our own ways...Touching without asking or without having prior permissior to do so is unacceptable in PolyParadise.

For Those That Choose To Be Naked

Nude is not Lewd. It's not even illegal on federal land, which the playa is. Mere nudity is not considered sexual. However, sitting your naked butt down on a common chair without putting a towel or something down first is considered – well, at least crass. Nude, can be rude. At most nudist resorts you are expected to sit on your own towel or cloth when using commor sitting accommodations. We at Poly Paradise would also appreciate the same courtesy.

Camp Guests

You will be responsible for any and all actions of ANY guest that you bring into our Camp.

Coolers & Ice on the Playa

There will be separate sections for Community & Personal Coolers The contents of all Community Coolers are just that Community property. All coolers in the Community area will be drained, repacked and iced each day. The drained cooler water will be captured & used for dishwashing.

You can purchase Ice for your personal coolers at Artica (Center Camp, 3:00 & 9:00 Plaza's) Ice is \$3/bag crushed or blocks.

Playa Events

If you are in the Community Space while an event is in progress be courteous of the noise levels. The facilitators of the events have enough outside distractions to deal with; they shouldn't have to deal with loud campmates.

Handling Disputes

There is always the possibility that disputes will happen in camp, about this or that. Please try and work things out amongs yourselves. If the problem cannot be resolved, please contac Scotto before getting Rangers or LEO involved.

Be Respectful of the Sacred Space of others

The Poly Play Space is available for all campers and their invited guests. If you enter the Play Space and there is a group activity of other people enjoying the space, please be respectful of what they are doing.

The Definition of Community is Participation

Community participation is highly recommended; the camping fee is the cost to get the infrastructure to the playa, and maintaining i off playa. The Construction and destruction of the camp takes ALI of us.

Teardown - Monday September 4th

MONDAY is a BLITZKRIEG of work It is not my desire to start to dismantle part of the camp on Sunday, to make the work or Monday any lighter. What I would like is for folks who Camp with us be prepared to postpone their departure until later Monday Afternoon and be available to help in the MASSIVE effort it takes to PACK IT ALL OUT!!! My hope is to have the truck packed 3p. Lunch will be provided (Deli meat wraps & other leftovers)

Community Kitchen Donations

If you bring a large can of Garbanzo Beans, Large Squash or other perishables or large can goods, you must have a plan to cook and share it, otherwise be prepared to take it back home with you.

All food and colored liquids must be properly labeled and somewharecognizable.

Please See Things to think about - page 3



"We are all here for the same reason, to experience each other."

"Volunteerism is very important because it is the purest sense of giving."

Things to think about - from page 2

Where do I put my Keys & ID? It would really suck if you lost the keys to your vehicle. I am sure there are locksmith services available, but presume it would be quite expensive. Do not carry your keys around the Playa with you. Place them in a safe & secure place within your belongings. If you use them to access your vehicle, make sure you return them to that same spot immediately after use.

Wherever it is that you put your keys place your ID there too If for any reason, you get stopped and asked for your ID, you know that when you produce your ID your stash will not fal out for LEO to see. Speaking Of LEO...

Burning Man & LEO (Law Enforcement Officer): Burning Man takes place within the state of Nevada and within the borders of the US. That means that all applicable laws concerning illegal substances apply when inside the gates of BRC. Be SMART! The Burning Man Survival Guide has excellent information concerning your rights when dealing with LEO. Make sure to read and heed the warnings.

If you are a partaker of illicit substances, bring them with you do not attempt to purchase On-Playa. Only share with those you know. Be aware of your surroundings when you are involved in this activity. Leo has sophisticated equipment to find you doing something illegal, do not give them that chance.

Check your gear before you leave particularly tents. No matter how many times you've used it. No matter how positive you are that all the pieces are there. Oper that puppy up and check it.

Camp Power

Things not to bring: Plants, living or dead, and anything that will break up and/or blow away in the wind (plants, trees twigs, loose paper, palm fronds, etc.), Feathers of any kind, e.g. Boas, Glass containers, Excess packaging from foods (remove outer box just bring the inner bag), Loose glitter, Nuts in their shells, Styrofoam coolers, Straw or hay bales, Explosives, aerial flares, rockets, Firearms of any kind, Camp Chairs with foot rest attached.

Playa Time: Playa Time begins the moment you start to pack Things take longer while in Playa Time. Get to the Playa SAFE!! Obey traffic signs & Speed Limits!! The Playa & PolyParadise will be there when you get there.

What not to forget before you leave for BRC

- Burning Man Ticket
- Picture ID
- Insurance Cards
- Medications
- Directions to BRC
- Lodging Reservation Info.
- Spare Car Keys
- Spare prescription glasses or contacts
- Bringing an RV? Cash for Gray Water Service

The Community Space/Kitchen will have power available 24/7. There will be a designated area set up for charging batteries. Powe will be available in the kitchen for appliances; a 100-cup size, a Toasterand Blender. The Community Space will be lit up at night with lots & lots of lights as well as a very illuminated kitchen. The generator is for the Kitchen & Community space. It is no available to provide power to your individual camp locations. The sink & shower will be hooked to a Battery backup; so in the even the generator is off (resting or being refilled with gas) there will be power supplied for the waste water to be pumped to the Grewater tank.

RV's & Generators

If you are bringing your personal RV to the Playa and it has a Generator – We!!! As in the entire PolyParadise Community would STRONGLY suggest that Pre-Playa you get the generator serviced so that it is proper working order. If at all possible, createan Exhaust Vent that blows UP and over the RV instead of directly at the tent next to you. Please also consider anoise dampening system.

If you are renting an RV and you plan to use the generator, make sure that you know ahead of time how many hours are included with your rental agreement and what the costs are per/hour after that amount has been exceeded. Remember generators requir gasoline. Do not transport gasoline inside your vehicle or RV. Spilling gas will render that space permeated with an obnoxious smel for days and can ruin food. Transport gas in approved containers. Store gasoline with caution & respect as the flammable liquid it is.

ICE Czar – 2017

ICE CZAR – In the past we have been blessed to have the assistance of Maxx Flynn & his Ice Taxi to make a LARGE CAMP PURCHASE OF ICE EACH DAY. Our regular Ice Czar 'Mark' is taking a year off the Playa in 2017 – with that said we will still attempt to make this LARGE CAMP ICE PURCHASE EACH DAY. There will be an Ice Station in the Community Space called Ice Station Zebra that will include ice request forms, pencils, envelopes, a lock box for money, and cooler for unclaimed ice. Campers will be able to request & pay for ice purchases each morning. Artica ice prices for 6 lb. cracked and 10 lb. block ice are\$3. A six pack of cracked ice are \$18. The ice run each morning will be @ 9a when Arctica opens. Ice will transported with the assistance ofMax Flynn & the Ice Taxi – Ice Request Envelopes will be provided for you to fill out and put your monies in.

Volunteers to assist is NEEDED – you can put your name on the list to assist withn the Ice Run each dayhttp://tinyurl.com/h823kte

What Does Your Camping Fee Buy You?

- Secured Playa Address & space within PolyParadise
- <u>Community Kitchen</u> Kitchen utensils for cooking -Pots, Pans, Fry Pans, Bowls, Knives, Dish Washing station, Soap & Bleach
- Stoves, Pots, Pans, Utensils, Spices
- Assortment of spices to create your Playa delicacy.
- Paper towels, Paper plates, Plastic Cutlery, Trash receptacles
- Tea and Cookies for the High Tea
- First-Aid Kit
- Hot and Cold Snacks (3 per day for 7 days)
 Packaging for Cold Snacks Refrigeration
- ICE Daily to keep the cold snacks cold AND to keep what YOU bring for community food cold.
- Electricity (to recharge Laptops, Camera, Batteries)
- Gas to generate the electricity
- Community Shade 60'x40'
- Community Kitchen 40'x40'
- Community Events area 40'x40'
- Poly Play Space
- Secured Playa Address & space within PolyParadise
- Shower Structure / Privacy Curtain You supply the water
- Grey Water Recycling
- Spray bottles, cement bins, tarps, and buckets for the HCW.
- Rope, Duct Tape, First Aid Kit & other things to repair things that need repairing
- Rental Truck Gas to & from Playa Insurance to haul ALL of the above
- Camp Playa Events

First Aid Kit in the Community Space

This Kit will include: Antacid – Saline – Nasal Spray - Vinegar - Vitamin E - Skin Cream Benadryl - Gauze Bandages - Band-Aids Alovera Gel - Analgesic Lotion – Ibuprofen Insect Gel – Hydrocortisone - Antibiotic Ointment - Zinc Oxide – Aspirin – Bactine Feminine products - New Skin Bandage Tape Cough Drops - Blister Pads - Fire Extinguisher in the Kitchen - Duct Tape – Emerge-C Hydrogen Peroxide

Daily Menu - HCW - PHT

In the Community Space we will have a poster size representation of who will be cooking what & when as well as a list of all volunteer shifts for the Human Carcass Wash & Poly High Tea.

"When you think about it \$150 isn't bad at all for 7 days... Can you find another hotel that only charges \$21.42 a day for all his and all the dust you could want?"

Community Snacks

- Asst. Nabisco cookies Chex Mix
- Rice Krispie treats Cheez-it's Ritz cheez `n' crackers
- Asst. Sun Chips Reg & BBQ chips Asst. nuts Trail Mix
- Pringles Pretzels Oreos Chocolate Chip Cookies
- Instant oatmeal Asst. Cold Cereal (you need the milk)
- Nutri-Grain bars granola bars Low Carb Breakfast bars
- Red vines Beef Jerky Fruit Cups
- Ritz-Crackers Bits & Cheese
- Juice Boxes Capri Sun Variety Pak
- Applesauce Chocolate | Vanilla Pudding
- Available in Community Coolers: Chocolate bars & Asst. chocolate candies
- Soy Sauce BBQ Sauce Teriyaki Sauce
- Ranch & Italian Salad Dressing
- Syrup Cooking Oil Kitchen Wipes Mustard, Ketchup, Relish
- Asst. bev. (Gatorade, tea, coffee, etc Lemonade, Iced Tea Mix)

Personal coolers should be clearly marked with your name so its contents are not mistaken for Community use. Be respectful o what is not yours. The community coolers will be drained (Water used for Dishwashing) each morning and refilled with ice. There may be a few bags of ice left over that will be given away First-Come First-Serve. Otherwise it is your responsibility to purchase ice for your personal cooler. Please do not place 'Personal' food items in Community Coolers

Please See Ice CZAR - page 3

Community Kitchen

Kitchen & Community Meals

The Kitchen and all its contents (Except Marked Coolers) will be available for all PolyParadise campers to use and consume Please be respectful in cleaning up after yourself after using the Kitchen. Wash any and all utensils, pots, spills in a reasonable amount of time afte you have prepared any food. Within 3 hours is an acceptable time frame

There will be a Dish Washing & Rinsing Station available...Please use it!!! If you use a LARGE Pot to prepare your meal, you are responsible for cleaning said Pot.

Please See Community Kitchen - page 5

'Burning Man will change your life...You just do not know how yet' 'Everything you take to Burning Man including yourself will never be the same'

Community Kitchen - from page 4

If you have volunteered to cook a Community Meal or will be providing side dishes, Breakfast: 8a-10a, Lunch 12p-2p, Dinner 6p-8p, please plan you're cooking 8 preparation time accordingly. Remember you are cooking for 25. Please be respectful of any events that are inprogress while in the Kitchen/Community area while preparing your meal.

There will be Pots & Pans, Stoves, Utensils, Propane, Spices and just about everything else you need to make an awesome Playa Meal.

Dirty pots, dishes, and utensils waiting around for someone to come along and clean them. And the longer they sit the harder they are to clean.

If you cook a meal, then you are responsible for cleaning up.

If you can personally GET someone to agree to clean up afer you, that is fine. Remember...Community Meals mean you bring something to share. It is not enough just to bring the can o vegetables or fruit, but also to cook or serve what you brought.

Please do not use the Community Kitchen as a drop-off point for food items you brought but will not use. If you had room ir your vehicle to bring them to the Playa, you certainly have the room to take them home with you.

In the Community Kitchen there will be a blender & 100ε up coffee pot.

Community Meals & Volunteering for Camp Events

There is a live Google Docs for posting your volunteer request for Community Meals, Human Carcass Wash & Poly High Tea. Please login & post your volunteer shifts and your contributions to Community Meals.

http://tinyurl.com/h823kte

Camp Shower

Wet Naked Polyamorous People! Did THAT get your attention? I sure hope so...This from the Department of Yucky Water Stuff...

One of the perks of joining Poly Paradise is we provide community shower space for our members and provide safe and ecologically responsible wastewater management.

In the past, we have used Propane Powered devices, pumps and heaters to accommodate our campers shower needs. All o these systems have their failure points and need constantation & repair throughout the week.

To reduce the frustration levels all around, we have decided to return to the more traditional Camp Shower Bag (5 Gallon) You supply the water.

The shower will consist of an enclosed tent along with towe racks, shoe changing deck and supplies storage all on a raised platform. Shower base has non-slippery surface.

- Extra large filling valve with twist off cap
- Water temperature gauge.
- Easy to use ON/OFF shower head saves water

Bring your own water: Separate from your water commitment for community use. To maintain sanitation and safety standards use only drinking water from unopened containers. Others using the shower will thank you knowing only pure, clean water in the system.

Make Friends Washing Dishes **LEAVE NO TRACE**

Keep Your Community Space Clean

The empty shower bags will be hanging on a bar on the backside of the shower structure. Fill the bag with water (3 Gallons) and place the bag back on the bar. The bags have a temperature gauge so you can monitor how hot the water is before using.

If you encounter a shower bag hanging from the bar already filled with water, **DO NOT assume this was filled for you** Take an empty bag, fill it with your water and wait for it to ge to temperature. If all bags are in use, please wait your tun. Please return shower bags after use.

Clean up after use - We will have a trash sack for soap wrappers and other small stuff. Please do not leave small bars of soap, take them with you or trash them. Pick up the showel floor of any debris even if you didn't drop it.

Please remove your stuff after using the shower. You may leave consumables in the storage area if you write your name and the words "Personal use only" or "Not community property". If someone leaves consumables such as shampoo, conditioner body wash etc. behind without marking, they will be considered community property and free use rules apply.

Take your towels and wash cloths when you are done-Like consumables, these items will become community items if you abandon them.

Absolutely NO wastewater dumping in the shower. No, dumping of human waste in ANY part of our gray water processing system at ANY time! Dispose of human waste in the Porto-Potties only. Do not Pee in the shower.

The shower is open for operation 24 hours a day. The shower system is for the exclusive use of Poly Paradise members only The public may participate in the HCW experience if they desire.

The community shower may be shut down without prior notice If conditions warrant, we may close the shower system prior to final shutdown on Monday.

Gray Water Reclamation

Over the years, we have experimented with various ways to handle our Gray Water. Gray water is defined as water from human activities not including human or other body waste. This includes dishwashing, showers etc.

Black water is defined as water that includes human or other body waste. This includes poop, pee, blood and that "other stuff." At no time will Poly Paradise process black water. Burning Man has provided Porto-Potties for such disposal.

Our gray water will be from the following four sources: Kitchen dishwater - Community Shower - Human Carcass Wash -Camper generated from individual cooking.

We are estimating the following volumes from each source: Kitchen- 5 to 15 GpD - Shower- 50 GpD - HCW- 10 GpD - Other 10 GpD - Total 85 GpD

Our methods evolved from Treating & Filtering to Evaporation with each passing year learning what works & what does not work. The stumbling blocks we experience is the sheer volume o water generated during the week that must be evaporated.

For this and many other reasons in 2017 PolyParadise will be contracting with an outside company to Deliver & Service (3) 250G Holding Tanks for Gray Water Collection. The total cost will be ~\$3000 + Driver Tip. Delivery is scheduled for 8/25. The tanks will be serviced on Tuesday - Thursday & Saturday.

Consider Pre-Cooking portions of your meal if possible. The <u>Food Saver</u> will create an awesome storage container for your meal. (Freeze Liquids before Sealing)

Community Trash

Trash is a problem. We all generate trash. We all need to be ϵ responsible for it. So, for this year we've developed a new system.

Each vehicle that arrives at PolyParadise will be required to take home at least two bags of trash. During the week, the TRASH CZAR will place a bag of trash at the driver's side door of you vehicle (think of it like SANTA). That is YOUR bag to take home It will be DOUBLE BAGGED, NON-STINKY, and of REASONABLE size and flexibility for packing. Please plan room in your vehicle for this bag of trash.

If for any reason, you don't like your bag of trash (you just don't click or cannot get along with one another) please see the TRASH CZAR for an exchange of bags.

It is your responsibility to dispose of your bag properly. The best place for this would be at home. But if you cannot take your bag home, here are some alternative places you can rid yourself o your bag.





Having holding tanks within camp for our Gray Water Disposal does not mean we do not care about Water Conservation, infact, it will make us more aware of the volume of water we produce as a camp.

Dishwashing Water will be collected at the sink and screened for particulate matter before the Holding Tank. Available to assist in dishwashing will be Biodegradable-Mother Earth Friendly Soap as well as Iodophor Sanitizer.

All materials not suited for the Holding Tank will be collected ir 5-Gallon sealable buckets for Off-Playa transportation & disposal.

Shower Water - There will be one main camp shower available to all campers. **You supply the water**. The shower will consist of an enclosed shower tent on a raised base off the Playa. Al shower water drainage will be collected and transported to the Holding Tank. Do not Pee in the shower.

The shower water collection area should never be used for Gray Water Disposal. Do not urinate or empty personal per containers into our Gray Water system, please use the Porto-Potties.

Human Carcass Wash - Gray Water Collection - In running the HCW the participants stand in plastic troughs to catch the water and particulate matter washed from bodies. This water can be dumped directly into the shower base where it will drair into the sump and be handled as common gray water. HCW crew must be diligent to ensure that no foreign matter such as plastic, jewelry or other MOOP gets dumped into the system.

In Fernley, **FERNLEY SANITATION** (775-575-4964) will be OPEN through the Labor Day weekend, 7:00 a.m. - 4:30 p.m. every day. The rate is \$16.00 for up to 3 cubic yards (27 cubic feet). To reach Fernley Sanitation from Burning Man head south through Nixon and Wadsworth. When the road ends at 427 go left. You'll go under I-80 and past the Pilot Gas Station on your right. Stay on Main Street to the light. At the light, make a right onto Alternate US Highway 95a. Go 2 miles-on the left you will see the Wreckage Disposal building. Stop at the scale house.

In Lockwood, **LOCKWOOD LANDFILL** (775-342-0401) will be open only on Saturday & Sunday of Labor Day Weekend. They will not be open on Monday of Labor Day Weekend. They operate 7:00 a.m. - 4:30 p.m. seven days a week except holidays. The charge is \$3.75 per cubic yard with a \$1.00 environmental fee per vehicle. Head West on I-80; get off at the Mustang exit (23). Go straight; continue past the cattle guard for approximately 2 miles. The entrance is on the lefthand side.

RENO DISPOSAL SERVICES (775-329-8822) will be OPEN through the entire Labor Day weekend. Hours are 6 a – 6p. Monday - Saturday and 8a-6p holidays and Sunday. The location in Reno is 1390 Commercial Row. Charge is \$5.50 per cubic yard. From I-80 west, take exit 14 and go south on Wells Avenue. Make a left turn on 6th St and then a right onto Sutro Street. Make a left on Commercial Row; look for 1390 on your left.

Reno Drive Thru Recycling! - All recyclables will be accepted, at no charge. At all of the Reno/Sparks area Albertson's/SaveOn stores, in the parking lots, there will be drop off locations available 24 hours a day.

Camp Playa Events

The Human Carcass Wash - Mon-Sun - 3:00p-4:30p

If you have never been a participant in the HCW, you are in fo a treat, both participating and helping run it.

The HCW breaks gender barriers for being touched; it of ourse by its nature of being washed means it also 'Encourages' people to be naked and to be washed. People who would not otherwise be naked, or want to be photographed doing such an activity. I highly encourage everyone to get involved in this fun activity. The HCW area is a 'No Camera Zone' and is clearly marked as such. When dealing with someone who is taking pictures politely ask them to respect our 'No Camera' Request. If they become belligerent, please do not provoke them. People are going to be people.

All participants 'Must' be asked their boundaries for being touched prior to being the one washed. We must make sure that all other participants have heard that stated boundary, of the question is asked again at the next station.

Poly Friendly Mixer/Social - Tuesday 3:30p-5:30p

A mixer for poly and like-minded folks to meet, chat and make some new friends ... Or more. Beer – Wine- Soda provided. Come and hang out for a drink & a chat.

Poly High Juice Box - Wednesday 1:00p-3:00p

Think poly is complicated enough? Try adding children to the mix. Weather your poly with children, or otherwise in an oper relationship with or contemplating children, this special Poly High Tea discussion is for you. Bring the kids and let'shear from them if you like (or dare)! If all this seems overly daunting, don't worry - it is! This is an open discussion facilitated by Petei & Gretchen (aka Adam & Eve) about all things poly with children. This will be their 9th Burn, and the 3rd with their 5-year-old daughter, Veronica. Don't expect us to have all the answers, instead come to both learn and teach! Juice boxes and animal crackers provided to help grease the conversation.

Distaff Shatner - Saturday 12:00p-1:00p

A William Shatner impression contest for WOMEN!"

But...for...how...loooOOOOOOooooonnnng?" I don't know...we can probably be done within an hour, I guess.
"And...at...whaaAAAttt...cooOOOOOooooosssst?"Nothing. You might even win something.

Ladies, perform a fondly remembered James Kirk monologue Emote for the ages as T.J. Hooker. Sing "Lucy In The Sky With Diamonds." Whatever you want, just as long as you do i SHATNERIFICALLY!

There'll be an Act-Like-Bill competition, a Sing-Like-Bill competition, and a Bloviate-On-A-Talk-Show-Like Bill competition. Laffs, fun, maybe even some prizes, all overseer by your favorite Seattle burner, Nogoodnik. I hope you KHAAAAANNN!!! come!

No Urgency - Wednesday 11:00a-1:00p

The importance of self love and patience as you transitior between non-monogamous boundaries. We are creatures of habit but more clearly, we open doors for all of the possibilities in non-monogamy. How to create healthy boundaries and habits to lay the foundation for a over flowing loving cup relationship.

Poly High Tea - Mon-Sat - 1:00p-3:00p

Just what is Poly High Tea? First, it's a Tea Party. We will be serving Tea and Cookies. All you Polyamorous, poly-curious, and poly-friendly folks out there on the playa are invited to joir us for a discussion about the practical issues of loving more than one in an open, responsible multi-person relationship There is much wisdom in the poly community which can be helpful to people trying to make *any* relationship work monogamous or Polyamorous. There will be a facilitated discussion in which you can get your questions addressed and some of the knowledge in our community can be shared.

Mind Melt - Mon - Fri - 8:00p - 9:00p

Mind Melt lets your mind be changed from Fear of the unknown to finding Hope in the Future, by experiencing 3-D Images of lights and sounds and the peace only found within the receptive mind and experience of every thought, feelings, sensations, and level of awareness through corresponding brain wave patterns. Mind machines change your perception by stimulating balanced abundant neurotransmitter production, expanding neura pathways, and programming desirable, ecologically sound behaviors. Remember; nothing really exists, it's all in the electrons of your mind.

Mindful Hugging Meditation - Thursday - 11:00a-12:00p

How often have we experienced a quick "hello" or "how are you' as we pass by each other? Or even a hug that is awkward and without connection? This workshop will allow us to take time and mindfully experience others at a deeper level and open up to one another physically, emotionally and energetically. Come one or bring friends. All boundaries will be respected.

Yoga for the Truly Beautiful - Friday - 11:00a - 12:00p

No fancy clothes, stunning bodies, fat wallets, or yoga experience is necessary. All are welcome! If you like to move shake, look silly, or laugh join us. Perhaps you'll see the inner beauty of others or they'll see yours. As the class progresses, will remove my clothing. Honor your boundaries, not mine When you let your little light shine, you may be happier and ar inspiration to others.

Card Magic, Making Connections - Friday 12:00p-1:00p

Card Magic can be fun and surprising, but the connections that humans sometimes make are real magic. If you like sleight or hand, human touch, meditation or playful spanking, please come by. Volunteers will be needed. Expect to be amazed, and perhaps make a connection.

Yoga Postures for 2 - Thursday 12:00p - 1:00p

No yoga experience is necessary. Beginners are welcome. Come alone or with friends. Participants will be paired up. Feel the energy. Partner Yoga allows you to connect with yourself while connecting with another in a supportive and supported practice. If you can, bring a yoga mat or towel, but it is not necessary.

<u>Best sex of your life living with Herpes and STI's Thursday 3:30p-5:00p</u>

Having STIs presents its challenges especially when we have multiple partners, going to play parties or just dating and learning new bodies. Let's talk about the in's and out's of wher and where. Share our stories and experiences and have the best sex of our lives! Communication is key. Safe sex is sexy!

Twisted Swan Events

<u>Monday</u>: The pub opens at 8pm with a Dr. Who theme, dress as your favorite timelord, companion, or alien and party like it's 5999!

Tuesday: At pub open is Naughty nun night, nuns, vicors, a night of incredible blasfemy and even more sinful libations!

Wednesday: At pub open will be our Steampunk/firefly fancy duds party! The best party in the verse, Alliance need no attend!

Thursday: During the day from 2pm to 5pm will be the traditional Celtic music session welcome to all musicians of a Celtic nature!

Thursday: At pub open at 8pm don your house colors for Hogwarts night! Leviosa some pints until your petrificus totalous!

PolyParadise on FB- Did you know we have a PolyParadise FaceBook Group? You need to be 'Friends' with someone already in the group to join. Friend ME and I will add you: https://www.facebook.com/scott.platsky

RV Pump Outs...

Contact Martin Fisher (martin.fisher@9energies.com) for additional details and available time slots. **Cost is \$80 per pump out.**

Health & Safety

Stay healthy and safe while you camp and explore the many opportunities for participation at Burning Man! This section will give you the information you need to keep yourself healthy, and tell you where to find emergency services, should you need them.

Remember radical self-reliance! Bring a first aid kit and any medications you may need (the closest pharmacies are in Fernley or Reno, and there is no clinic in Gerlach).

Should your illness or injury be more severe than you car manage without help, there are Emergency Services medica stations on the 3:00 and 9:00 plazas, on the Esplanade at 515, and new stations on the plazas at 4:30 and 7:30, and ou between the Man and the Temple. All stations are identifiable by a red cross on top of the buildings. The stations are staffed by emergency health care providers (doctors, nurses, medics, etc.) who donate their time and medical expertise to the city as their gift to us all.

If you require a higher level of care than cannot be provided or the playa, you will need to visit a hospital in Reno, either by getting a ride from a friend, or being transported by an ambulance, plane, or helicopter (depending on your condition) If you are able, request to sign a "Consent to Release Information" form so we can tell your friends and family where you are and what happened (by law, we can't provide information about you without your consent). Bring your ID insurance card, cell phone, and wallet when you go. If you ge transported by ambulance, plane, or helicopter, you'll need to arrange for a friend to pick you up after your care. There are no shuttles from the hospitals back to the playa.

Clothing Option Qi Gong - Tuesday -Saturday 10:30a-10:50a

QI: The life energy that flows through and permeates all things according to Ancient Eastern Medicine (AEM). Their version o The Force, essentially. According to AEM, slow or weak qi is the reason we feel weak. Stagnant qi is the reason we feel PAIN.

GONG: A lifelong process for improving, enhancing and perfecting something.

QI GONG: A lifelong process for improving, enhancing and perfecting your qi.

CLOTHING OPTIONAL: If you don't know what this means, I won't be the one to tell you. AEM teaches us that sweat is chi leaving the body, so if there's anywhere you need this, it's or the playa. Come build that nourishing life energy every morning after breakfast with your favorite Seattle burner!

DISCLAIMER: I am not, and don't claim to be, any sort of qi gong master. I'm just someone who knows a thing or two abou it and would like to share it with the playa.

Conscious Breathwork Tues - 11:00a-1:00p Wed 3:30p-5:30p

Tap into the healing power of your own breath. Guided breathing, evocative music, toning, bodywork to release tensions & emotional blockages.

Awakening: Energy Meditation - Friday & Saturday 3:30p-5:30p

Enjoy a tangible, durable activation of your energy centers Learn to meditate and tap into an unlimited source of energy a any time.

9 Energies Events

10am to 4pm Sunday – Sunday

At 9 Energies Pavillion - Come find out Your Natural Energy Understanding your Natural Energy enables you to recognize your gifts, gain a better understanding of yourself and others so that you can live a happier and more embodied life. Through a simple physical process your body reveals your great natura abilities. Once you know your Natural Energy you car consciously use this power to move yourself forward.

9 Energies is open daily 10-4pm. After 4pm the tent is open for discussion. Please come sober!



The radicalness of it is not that it is offensive or edgy or in your face-shocking - The radicalness of it is that it is coming straight out of your heart and it is going public, where else do you get that chance.

Burner Express Bus

For those that travel to Burning Man on the <u>Burner Express Bus</u> Check the FAQ for all Ticketing & restrictions on what youcan & cannot bring on the bus aka "Amount of Gear Limits".

You will be given a **Burner Express Trash Bag** – Make sure to bring that Trash Bag to **STAGGER the Camp Trash Czar** and he will make sure to fill it properly with Community Trash that you can transport back on the Burner Express as you leave Burning Man.

From the Czar De' Garbage

For those of you who are new, I would like to introduce myself I am Stagger, and I am your Garbage Czar. That means oversee the camp trash area, and am in charge of trash distribution.

Since Burning Man is a Leave No Trace event, all the garbage we produce needs to go back home with us. There is no place to leave it on the Playa.

As a consequence, at some point during the week your very own Poly Paradise garbage will show up next to the driver's side door of your vehicle. This is your very own bag(s) of trash to take off the playa and dispose of responsibly. I will do everything in my power to make sure that these bags are no over-stuffed. They will be double bagged.

To help facilitate the whole process of garbage handling there are things you can do, as a responsible Poly Paradise Campe that will make my job easier.

Try your best to drop your trash into the appropriate bin. There will be labeled bins for TRASH, RECYCLE, and BURNABLES Crush plastic containers. Crush cans if you can

(NOTE: The can recycle is for aluminum beverage cans only – not canned good cans. I don't make these rules.)

If you are keeping a separate trash container in your tent, take it with you. Bringing it to the camp trash at the end of the week just means that someone else will need to carry it away.

At the end of the week, all the liquor comes out. Unfortunately, we don't have the ability to recycle glass bottles, so we end up with a whole bunch of glass bottles that need to distributed ir separate bags so they don't break. If at all possible, please grab your empty bottles and take them off playa with you. It is difficult & dangerous to worry about broken glass in the garbage. Anything you can do would be appreciated. After all, you had room to bring it. You should have room to take the bottle back.

On Monday, the trash area will officially close – There won't be an announcement of when. There will be a container in the kitchen area for those who are still making food during the teal down process. If you haven't gotten rid of it by now. you need to take it home with you.

Anyone who can take MORE than two bags of trash, please see me. People who take more than one have a special place in my heart. I am easy to find... I'm the guy who smells like trash and who frequently is TRASHED.

Remember, any trash that doesn't go home with you, has to go on the truck. And there isn't much spare room on the truck for trash.

Don't bring garbage to the playa.

Remove as much of the packing material as you can from ANYTHING you bring to the playa. Get rid of the cereal box and just bring the inner bag. Get rid of the plastic rings on the 6 pack of beer. Unwrap the individual snack bars from the plastic bag.

If you are just going to throw it out on the playa... then it should not come out in the first place.

You will need to take 2 bags of trash off the playa with you.

That's right... There is no trash pick-up at Burning Man. The trash we generate is the trash we have to take off the playa Because we can no longer burn our trash, everyone will be required to take 2 bags of trash off the playa. PLAN FOR THIS WHEN YOU ARE PACKING.

One helpful hint: If you have planned your food correctly, there will be empty space in your cooler where you can store some o your camping equipment (sleeping bag, mattress, camelback to make room for the trash you need to take away.

There are plenty of opportunities to get rid of your trash on the drive home. The Jack Rabbit Speaks normally supplies a list of these, and enterprising individuals on the exit route have beer known to take trash for a fee.

Your trash will show up next to your vehicle sometime during the week. DON'T LEAVE IT BEHIND OR I WILL HUNT YOU DOWN.

Please See From the Czar De' Garbage - page 14

Rebar Safety

Each year the majority of the injuries at Burning Man can be traced to collisions with rebar. These steel rods have become the tent stake of choice because they are relatively cheap and hold up against the playa winds better than standard issue tent stakes.

Most rebar injuries result from stubbing a toe, piercing a foot of otherwise impaling a body part on the exposed metal. Injuries generally happen at times of low visibility, such as in the dark and massive dust storms.

The solution? Covering the exposed end of the rebar with a tennis ball, doll head, plastic bottle or other padding will help prevent injuries is a step in the right direction, but the best way to prevent injury is to HAMMER THAT SUCKER ALL THE WAY IN However, before doing so, you have to make sure you are equipped to pull it out again



Camp Resident Responsibilities

Individual Water Bottles – In previous years the number of half empty water bottles left lying around PolyParadise was simply reprehensible. If you are drinking a bottle of water, and leave it there, do you honestly expect someone else to come along and drink it? Do you honestly expect someone else to come along and pick up after you? Apparently!! Nobody wants your half-used bottle of water. Either finish it, or dispose of it If you intend to come back to it, write your name on it. Get them to the recycle bin empty. FINISH IT OR DISPOSE OF IT

DeMoop - Please DE-MOOP your camp food contributions before coming to the playa.

Waste - Do not bring a giant size jar/can of anything, unless you have some idea of how it is going to be used. A 10lb can of chick peas might be a bargain, but NO ONE likes them that much, and once opened, if it is not used by the end of the weel it becomes trash, and could end up in the trash bag assigned to YOU. You will be taking a bag of it home with you. The less trash we all generate; the lighter will be your bag at the end of the week. PAY ATTENTION to the signs that say RECYCLABLE, BURNABLE, TRASH.

Special Food Mention - Watermelons do not do well in heat. If left out for one day the insides cook and become inedible. If you are bringing a watermelon, leave the rind at home. Cut up the melon – use a seal-a-meal. Then you can eat or serve them when you like. Melon pieces can also be whipped up into a smoothie.

Poly Play Space

The **Perfect Place For Poly Play**, also known as the Four Peas, is PolyParadise's private retreat for adult-centered activities.

PolyParadise is an Intentional Community and attracts a widerange of people who share or desire participation in non-monogamous relationships.

A part of being in such relationships involves expressing intimacy with other participants. Four Peas is the space provided in camp where such activities are natural and acceptable. Why have spaces like Four Peas at all? Why can't people just use their tents for such activities?

PolyParadise is a relationship-building village and much of village life is a shared experience. We build camp as a group we make and eat meals as a group, we share our hopes and fears in seminars and discussion groups, and we even wash together as a group! It's a natural progression to share intimacy in the same way too. Not all people make use of all of these activities while staying at PolyParadise, but it is our hope people will make use of these tools to further their Poly perspective, meet and be involved with new people and share their Poly experiences.

Four Peas uses the interior of an enclosed 25' geodesic dome nicely equipped with beds and bedding, indirect lighting and really cool wall and ceiling decorations. The cover is wind and dust proof and has a zippered entrance.

The Dome is available for use 24/7 for the duration of the even by all members of PolyParadise and their invited guests. The space is neither public nor open to the public. The sole exception is invited guests.

Pretty much the same goes for any kind of melon (Cantaloupes Honeydews) and fruit without a hard skin (bananas, kiwi) Apples seem to last pretty well. Dried fruit works great.

If you have special dietary requirements, you should take i upon yourself to provide accordingly. Do not presume that what other people contribute will conform to your dietary needs.

Community Space Edict - PolyParadise is a very free and accepting community. However, since a place for sexual play is provided, we ask that sexual activity not take place in the oper community space. The may be minors not miners in the camp, and though they may have been raised in an open environment at home and not themselves mind such activity Please confine sexual activity to the Poly Play Space or your own private accommodations and not in the Community space.

What Other Camp Contributions Do I Still Need To Bring?

- 5 Gallons of Water/ Car to contribute to the running of the Human Carcass Wash / Community Drinking water. If you can bring more water that would be greatly appreciated.
- Participate in Daily Community Meal (Eating, Cocking, Serving or Washing Dishes)

Each camp member is expected to take some Community Trash home & dispose of it in the proper manner in an appropriate facility or container. Plan to donate at least 2 hours of your time before you leave the Playa to cleanup of the PolyParadise site as well as the general state of BRC.

From time to time the Dome will be used for organized events that are Poly in nature and open to all Village members Because these events may not be overtly intimate in nature, we ask regular, intimate use be temporarily suspended.

The Dome is open to all village members and all activities between consenting adults is permitted. No gender bias o exclusive use is allowed. Everyone has a right to be playing in Four Peas, be it one person or a dozen. As we have no rules against consenting adults play style, enter Four peas knowing activities outside your personal boundaries might be occurring Keep an open mind!

Please respect and honor people playing inside the Dome. Often people invite others to join an activity and sometimes not. You must ask first! This is a rule! If the answer is "no" then take refusal with grace and style. If problems arise, contac Tailfeather, Scotto or other camp elders.

Please keep the Dome neat and clean up after use. Trash receptacles and used sheet containers are provided near the table with safer sex supplies. If bringing shared supplies ther just leave on the table; If they are for your personal use, clearly label items with your name. The Dome is not a crash pad Falling asleep after an activity is fine, but find another place to set up living quarters! The Dome is a no smoking zone. Please smoke outside.

"The Man Burns Tonight: A Black Rock City Mystery by Donn
Cortez available in Paperback. Noted on Pg. 173 is The Human
Carcass Wash, the best Wash on the Playa - PolyParadise."

Food Prep Tips

Tear away all of the unneeded packaging you can before you pack for your trip to PolyParadise, so that you can shrink the size o your kit/bundle/stuff. Recycle those bits *before* you come and you won't need to deal with them. Use Tupperware or othe sealables that don't become trash afterwards where possible. You may also consider buying items with less packaging as a matte of principle. Wash veggies, if possible, before you arrive.

Take spices in those 7-day pill minders. Works great and they seal shut and take no space. Put your name on them with a Sharpie. If you need refrigeration for meds, make sure to ask one of our campers with an RV, I am sure they would not mind storing these for you.

Try and measure things so that there are no leftovers, unless you'll actually eat them. Leftovers seasoned with Raya are even less appetizing. Leftover organics are difficult and smelly to dispose of, too.

Don't fool yourself into believing that you can live on granola bars at Burning Man. You need balanced nutrition like you've neve needed it before in the desert, as you're often expending huge amounts of energy and won't realize it. You need greens, protein as well as carbs, and tons of water (and perhaps other liquids).

Making Meals for 25: Generally, you can take a recipe for 4 and multiply it by six (adding a dash here and there to make a meal for 25.

Budget your time accordingly. We're a very patient bunch, and you'll make many people happy, as you will when you chow down on exquisite desert-made cuisine.

Salads can be easily extended by putting good things in them like nuts (unsalted but roasted, generally-- always in a dish on the side for those that have nut allergies), raisins, cranberry raisins/craisins, chopped veggies (carrots, celery, bell peppers cherry/grape tomatoes), small fruits (grapes, cherries, kiwi, etc.) and the like. Dressings can be made from simple oil/vinega combinations (try various oil and vinegar flavors), and crouton like bits. Avoid putting things together; let people assemble thei own combinations. Remember to set things up for easy cleanup and/or re-use (although re-use is more difficult due to the dust).

If you KNOW that your offering is vegan, please label it so Vegetarian is a loose definition, but usually means no mea products, but might include dairy. Chicken (and for many, eggs) and fish aren't vegetarian, along with certain meat by products like marshmallows, cheese made with animal rennet, and the like Please label accordingly if you're sharing.

If you take medication that requires refrigeration, ask a fellow camper with an RV if they might be able to store it for you. Let them know what kind of access you will need to it.

Enjoy the snacks; they're usually nutritious and their variety can please many tastes. Snack wrappers create MOOP if not watched and recycled carefully. Snacks aren't for nutrition generally, they're good only for short-term energy. Don't consider them food.

There's lots of food available elsewhere on the playa; it's where you find it. There are no food lines on the playa or food kitchens. There are a lot of foods given as gifts, and camps that specialize in this. Remember to bring your own cup, plate napkins/serviettes, and cutlery with you-- and something to clean your hands as well as the aforementioned items-in your backpack/camelback.

Food Sources near Black Rock City

Depending on your politics, <u>Wal-Mart</u> can do a lot for you. There are lots of them, several in Reno/Sparks, one in Fernley, and ir Winnemucca NV. If you like going to WallyWorld, they're ok There's a huge <u>Trader Joe's</u> on the south side of Reno; very well stocked and full of burners.

Once you've gone onto 447 above Fernley, the pickings are impossibly thin, except for some roadside Indian Taco stands Wadsworth, Nixon, Empire, and Gerlach all have small stores; you're on your own. There's a daily bus from BRC to Gerlach; it takes a while, and there's really not very much in Gerlach unless you're into convenience store items, and not much o that. Planning will help you; shop in Reno/Sparks, Fernley Lovelock, or Winnemucca before you hit NV 447 to Gerlach and the Burn.

Radical self-reliance is a hallmark of the event. That doesn't mean you're totally stranded, but it does mean that the others around you, while inclusive and generous, also have brough what they needed, and must leave with no trace.

Playa Essentials

- Lots of Brand New Socks
- Baby Powder
- Hand Lotion
- Lip Balm
- Clean Clothes for Ride Home
- Comfortable Shoes
- Camelback
- Baby Wipes
- Wash Cloths
- Hats
- Sunglasses
- Spare Glasses
- Spare Contact Lenses
- Extra Batteries
- Dust Mask
- Goggles
- Q-Tips
- Headlamp/Glow Don't be a Darkwad

Playa Tips

Foot Care: *Playa foot* - is a malady unique to the Black Rock Desert caused by the alkali dust that makes up the desert. It is, ir essence, a chemical burn. The most common cause of playa foot is exposure of your feet to the desert floor by not wearing socks and closed shoes.

Wash your feet well to remove all the playa dust that is embedded in the cracks of your skin. This may require soaking them in a basin of water. Many people recommend adding a small amount of vinegar to the water to neutralize the alkali. 1/4 vinegar and 3/4 water is a good mix. After washing your feet, dry them well and look to make sure you have gotten all the playa dust off of them If available, apply a thin layer of antibiotic ointment or lotion to the soles of your feet. This isn't absolutely necessary and should only be done if you can keep your feet covered with socks and shoes or boots.

Keep your feet covered with socks and closed shoes or boots Failure to do so will only allow your feet to get worse from the accumulation of more dust on your feet.

Nose Care: Saline or w/aloe nasal spray. Especially if you are use to a more humid climate. Dried out nasal passages can hurt and bleed.

Take care of your Feet...

Your Feet will take care of YOU!!

Drink Water! Drink Water! Drink Water!

No... I did not say drink a Beer, Wine Cooler, cup of Coffee, Ice Tea...I said...Drink Water!

Maintaining enough fluid in your body is probably the single mosimportant thing that must be done! The Black Rock Desertis a very harsh environment. Most if not all of you (other than our Arizona contingent) do not live in a desert, and are not used to the full sun & heat all day. Please pay attention to your body when it says it is time have water, drink water, when it says it is time to rest, please rest...

Watch for the warning signs of non-sufficient hydration:

Lack of energy, headache, dry lips, tongue or mouth, Lack of sweat, Infrequent urination or no urination whatsoever, dark urine or urine with a strong odor (by day 2, your urine should be close to "clear" if properly hydrated)

Either that or... a visit from the Paramedics, a trip va CareFlight & Emergency Room in Reno in the \$5000 range!

Drink Water! Drink Water! Drink Water!

Volunteerism is important; it is the purest sense of giving. When you give freely with the guarantee of compensation... The reward is the journey itself. **Lip Care**: lip balm with sunscreen, preferably hung from the neck so you always have it at the ready.... whether you have pockets or not.

General Stuff: A set of clothing including shoes/sandals that stays in zip lock bags until after tearing down camp, to change into for the ride home.

Mask for wind storms, Small sized Sanitizing gel (alcohol) to keep in your pocket. Good to use after a trip to the Porto Potties. Camelback or similar (for portable hydration). A reusable mug or cup for coffee and beverages at the Center Camp Café. **Contact Lenses**: (Bring a back-up pair. Then bring a back-up pair for the back-up pair)

Medical Alert Bracelets: Black Rock City's <u>Emergency Services Department</u> highly encourages folks who normally wear a medic alert bracelet to do so on playa as well. If you don't usually wear a medic alert bracelet but have a serious medical condition, we encourage you to wear one on playa to ensure Emergency staff can take appropriate care of you Questions? Email <u>911(at) burningman (dot) org</u> or contact Black Rock City's <u>Emergency Services Department</u> via email.

If it does not come out of your body It does not go into the potty!!

How much water should I bring? You are responsible for bringing Five (5) Gallons of water/vehicle to donate to the Camp. This water will be used for starter water each day for the Human Carcass Wash and will also fill a Community Water jug for all to use. This bright orange cooler will be in the Community Space and will have blocks of ice dropped in each day so that there is always cold water to enjoy for all campers.

You also need to plan for water you will personally use during the week. Plan on **1.5 Gallons/Person/Day** for drinking, your mileage may vary.

It is also your responsibility to bring your own shower water We supply the shower you supply the water. The Shower bags have a Five (5) Gallon capacity and if you leave the nozzle oper the water drains at One (1) Gallon/minute. So that would mear you would get a 5-Minute shower. If you want a longer shower have more water available or turn the nozzle off while you soar your hair or lather your shower partner.

So, if you plan to take one shower/day and you are there for 7 days you would need ~20 Gallons of water for showers.

The best transport for your water are the Arrowhead or similar brand 5-gallon suitcases, they pack & carry the easiest.

Remember, water weighs **8 lbs/Gallon**, so you might want to wait to purchase your water in Reno or Fernley and no transport the water from your home destination to save weight and gas mileage.

The definition of community is a place where there is gift exchange. The converse of that would be; if you wish to destroy community, a good way to do it is to turn all gift giving into commercial exchanges.

Sense of Community

We are a community and the way Poly Paradise has continued to be a community is through the efforts of all of YOU!

Burning Man is based on Radical Self Reliance, as a community a burning man this does not change, with the exception of the infrastructure that is provided. It is still up to all of us to make the PolyParadise community be successful. It takes all of us together to put the structure together, maintain it on a daily basis.

What you need to contribute towards our community is:

- 5 Gallons of Water/ Car Running of the Human Carcass Wash / Community Drinking water.
- Take At Least Two (2) Bags of Community Garbage Off Playa - Be responsible and dispose of this garbage ir appropriate receptacles.
- Follow the LEAVE NO TRACE rule of BM, and coordinate with other camp members prior to leaving the event and our campsite looking for and picking up MOOP (Matter Out of Place)
- Participate in one mandatory volunteer shift (Cooking a meal for 25)

Meals are not included in the \$150 Fæ. Meals are a gift the community gives to itself. Again, this is radical self reliance it is not up the community to feed you, and it is up to all of us to contribute together.

Even if it is not your scheduled turn to cook...adding a small side dish can add to any meal. It can be as small as chips and salsa canned fruit, a salad, anything you want to share with the group The more you share without being asked the more there is fo everyone.

We will have two separately marked sections in the kitchen for Community Coolers and Personal Coolers.

Community Coolers are for everyone. They will be iced everyday and contents are available for everyone. A Large container of Colc Drinking water will always be available in the community area.

Personal Coolers can be stored in the community area so you car have easier access to your items and you do not have to store them in a hot tent. Please put your name on your cooler and respect other people's property. Ice for personal coolers is the responsibility of the individual.

PolyParadise works because we all work together.

This is a "do-ocracy" If you see something that needs to be done...do it or ask for help from a campmate.

PolyParadise is our home in the desert for a week. Together we can enjoy our community and enjoy our Burning Man.

Burning Man can be anything you want it to be.... So, make it AMAZING!

Love and Playa Dust, WildChild aka Ginny - Burner Chick - Camp Mom

IF you are cooking Pancakes, Waffles or anything else that requires ## SYRUP ##

** There will be PLENTY in the Kitchen **

Camp Needs

Needs For Inside - 4 Peas (Perfect Place for Poly Play)

Mattresses, Sleeping pads, Old sheets (flat preferred), Blankets Sleeping bags, Comforters, Pretty lengths of cloth, for decorative purposes. Safe Sex Supplies.

Needs for Community Space: Chairs & More Chairs for Community space (Without Foot Rest Attached)

Remember: Anything that you bring to the Playa & PolyParadise is yours to take back home. Please do not leave your unwanted food, infrastructure or garbage for me to take home to Phoenix.

Camp Layout

I have NO IDEA where within the camp's perimeter any one person(s) will be located. What I do know is where the main structures will be placed, beyond that there is no Pre-Playa plan.

Please find Scotto before you start to setup your space it is very important that you find Scotto or the person he has left in charge. There is no Pre-Playa plan, as in you will be placed as you arrive. If many of you arrive ir camp at the same time, please be patient with us as we find the best suitable location for you and your gear The camp is a LARGE puzzle that is pieced together as the week progresses.

If you arrive and Scotto and/or his trusty steed are asleep please take a walk to the Man, relax it is your **Day 1 @ Burning Man**.

A situation may arise where you are asked to adjust the size of your footprint; I expect your understanding & patience. Please be flexible and be willing to compromise on the amount of space you are allotted if I ask.

Camp Laptop

There will be a Community Laptop; the primary function of this device will be to interface with the Stereo to provide a continuous (if desired) stream of Techno & Selected Rock-Reggae - 80Gigs as a matter of fact.



From the Czar De' Garbage - page 8

Glass is DANGEROUS

If you bring glass out to the playa, please plan on taking it home with you. This applies especially to liquor bottles that all show up at once at the end of the week. One year someone thought i would be a good idea to put all the glass together in one plastic bag. Good idea if that same person was going to deal with i later, but bad for me as I was not looking forward to dealing with broken glass and stitches.

You had room to bring it out... you have room to take it back. I you must throw out glass, mix it in with normal garbage so i does not break when handled.

Water and plastic waste

Everyone has to bring water to the playa. I am begging you... buy your water in the largest sizes you can find. 5 gallor containers are great. 2 gallon containers are ok. 1 gallor containers are barely acceptable. But please, please, please, do not bring out the cases of "single serving" water bottles.

- These are wrapped in plastic and cardboard, which is garbage before it even arrives (see guideline the first)
- These things end up all over camp half-drunk with no names on them, and who the heck is going to finish someone else's half-drunk water.
- They take up a ton of room in the trash. (As do all the plastic containers)

These are WASTE, all the way around.

Our camp has a cooler that (sometimes) has ice in it, but always has water around it. BRING A PLASTIC WATER BOTTLE AND FILI IT UP FROM THE COOLER. This will greatly reduce one of the worst forms of waste. Re-use! Re-use! Re-use!

We cannot burn our trash anymore.

In the past, we used to separate burnables from other trask items. Unfortunately, we cannot burn anything anymore. As a result, it is even MORE imperative that you think about reducing the amount of paper trash you bring to the playa.

If you had room to bring it, you have room to take it home.

In the past, people have left broken chairs behind as garbage, as if YOUR broken chair was the CAMP's problem. No. No. No.

In the past, people would leave unused water as a "gift" for the camp. Which meant that someone else had to pour it out and deal with the plastic waste. No. No. No.

In the past, people would keep trash in their tent, and at the last minute, bring it out to the trash area, as if suddenly your persona trash became community trash. No. No. No.

Whatever "personal" trash you end up with is yours to handle Broken chairs, tents, bikes, and personal trash don't suddenly become everyone else's problem. You had room to bring it out you have room to take it home.

Thanks

With some fore thought, we can reduce the amount of trash that we all need to deal with before anyone leaves the playa. appreciate all your efforts, and I especially appreciate those that pitch in and those who manage to take MORE than the minimum away.

Stagger Czar De' Garbage

New Camper - PolyGuides

Every year we have at ${\sim}60$ NOOBIES to our camp; many o them are Playa VIRGINS as well. I hope to recruit some of our veteran campers to assit our VIRGINS in the ways o PolyParadise...

- Camp placement: Hold fast until Scotto designates a place for you. The boundaries of PP. Be careful about trip hazards
- Pick up your ID Card and ware when using PP facilities.
- Where to put the 5 gallons of drinking water and the location of the drinking water container
- The Placement and Naming of Ice Chests and how to get ice. If melt water is clean, save it for the HCW
- Explain how food is served, how cooking is done and the requirement to clean up after. If you have extra food or beverages, feel free to share them. The 25 people for one meal is the minimum.
- The coffee machine and use [Remember to turn off the propane coffee maker immediately on completion of drip and place coffee in thermos]
- The location and how to use the shower and the use of the solar shower bags
- The location of the charging station and proper etiquette [Don't hog, remove when finished etc.]
- The requirement to separate trash and crush recyclables and if leaving early, take a bag of garbage.
 If you have the room, take several. If you see improper use of trash, please fix it yourself, don't wail for others to do it.
- The Pleasure Dome and proper etiquette.
- The PP offering: Poly High Tea, the HWC, Others..
 How to volunteer to help
- Explain the camp is here because of the hard work or many volunteers that set it up, keep it running and take it down. Honor them by volunteering yourself, keeping things neat and clean and looking out for others.

The Human Carcass Wash is mentioned in this PDiddy article from 2013. <u>Diddy had a life changing experience at Burning Man</u> - In which he states people do stuff like <u>scrape the dirt off each other's naked bodies</u>.

PolyPardise Resident Name Tags - There will be a box in the Kitchen area with the PolyPardise Resident Name Tags; please make sure to get yours.

On the **FRONT** of your tag is a 'Symbol' and on the **BACK** on the Tag is a 'Symbol' – There are **Six (6)** different Symbols Front & Back. Use these Symbols to 'Mix & Match' conversations; get to know on another. It would be a random occurrence in making the tags that you would match both symbols. Break The Ice or Playa Dus whichever you prefer)'(

The Ten Principles of Burning Man

This is the Thirteenth (13) YEAR Anniversary of the Ten (10) Principles

** Read Them - Re-Read Them - Repeat Them 5x - Live Them **

Let them guide you in your daily life - Spread the Word!!!

Burning Man Founder <u>Larry Harvey</u> wrote the Ten Principles in 2004 as guidelines for the newlyformed Regionals Network. They were crafted not as a dictate of how people should be and act, but as areflection of the community's ethos and culture as it had organically developed since the event's inception.

Radical Inclusion - Anyone may be a part of Burning Man. We welcome and respect the stranger. No prerequisites exist for participation in our community.

Gifting - Burning Man is devoted to acts of gift giving. The value of a gift is unconditional. Gifting does no contemplate a return or an exchange for something of equal value.

Decommodification - In order to preserve the spirit of gifting, our community seeks to create social environments that are unmediated by commercial sponsorships, transactions, or advertising. We standard to protect our culture from such exploitation. We resist the substitution of consumption for participatory experience.

Radical Self-reliance - Burning Man encourages the individual to discover, exercise and rely on his or he inner resources.

Radical Self-expression - Radical self-expression arises from the unique gifts of the individual. No one other than the individual or a collaborating group can determine its content. It is offered as a gift to others. In this spirit, the giver should respect the rights and liberties of the recipient.

Communal Effort - Our community values creative cooperation and collaboration. Westrive to produce, promote and protect social networks, public spaces, works of art, and methods of communication tha support such interaction.

Civic Responsibility - We value civil society. Community members who organize events should assume responsibility for public welfare and endeavor to communicate civic responsibilities to participants. The must also assume responsibility for conducting events in accordance with local, state and federal laws.

Leaving No Trace - Our community respects the environment. We are committed to leaving no physica trace of our activities wherever we gather. We clean up after ourselves and endeavor, whenever possible to leave such places in a better state than when we found them.

Participation - Our community is committed to a radically participatory ethic. We believe that transformative change, whether in the individual or in society, can occur only through the medium c deeply personal participation. We achieve being through doing. Everyone is invited to work. Everyone is invited to play. We make the world real through actions that open the heart.

Immediacy - Immediate experience is, in many ways, the most important touchstone of value in ou culture. We seek to overcome barriers that stand between us and a recognition of our inner selves, the reality of those around us, participation in society, and contact with a natural world exceeding human powers. No idea can substitute for this experience.